## The ADRC/MAP of St. Mary's can help you find out about:

- Housing
- Transportation
- Behavioral Health Resources
- Medicare and Health Insurance
- Caregiver Support
- Home and Community-Based Services
- Legal Services
- Financial Help with Prescriptions
- Aging-in-Place/Home Modifications
- Adult In-Home Evaluations
- Veteran Services
- Employment Resources
- Long-Term Care

**MARYLAND ACCESS POINT**
YOUR LINK TO HEALTH & SUPPORT SERVICES

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Brought to you by
the Commissioners
for St. Mary's County:

**James R. Guy, President**
**Michael R. Alderson, Jr., Commissioner**
**Eric S. Colvin, Commissioner**
**Michael L. Hewitt, Commissioner**
**Scott R. Ostrow, Commissioner**

**and the
Department of Aging & Human Services**

**ST.MARY'S COUNTY**
DEPARTMENT OF AGING & HUMAN SERVICES
Working Together ~ Caring About You

**23115 Leonard Hall Drive
P.O. Box 653
Leonardtown, MD 20650
Phone: 301-475-4200, ext. 1057
301-475-4200, ext. 1050
Fax: 301-475-4415**
www.stmaryscountymd.gov/aging
www.facebook.com/SMCDAHS
www.youtube.com/c/SMCAgingHumanServices

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# The Aging and Disability Resource Center
## Maryland Access Point

### of St. Mary's County

*Making Access Possible*



St. Mary's County Department
of Aging & Human Services
**301-475-4200, ext. 1057
301-475-4200, ext. 1050**

**MARYLAND ACCESS POINT**
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## What is The Aging and Disability Resource Center/Maryland Access Point (ADRC/MAP)?

The ADRC/MAP is your link to health and support services. The St. Mary's County Department of Aging & Human Services is working to provide older adults, persons experiencing a disability and caregivers with a single point of entry to:

- Access information and provide referrals to resources and services.

- Provide options counseling regarding benefits and long-term care planning.

- Connect caregivers of older adults and adults with disabilities to services.

- Provide access to services offered by the Department of Aging & Human Services and its partner agencies such as the Health Department, the Southern Maryland Center for Independent Living, the Department of Social Services and other community service providers.

- Link active adults (50+) to services, activities and programs.

## Who is eligible for The ADRC/MAP services?

Everyone is encouraged to use The ADRC/MAP, including older adults 50 and over, individuals over the age of 18 experiencing a disability, caregivers or those of any age who have questions or concerns about someone in need. No question or concern is too big or too small.

## How does it work?

The ADRC/MAP is a free information and referral service. It is open to the public and to individuals of all income levels. Simply call for an appointment or stop by The ADRC/MAP office and a Certified Information and Referral Specialist (CIRS) will assist you. If you or a loved one needs assistance please call or visit our office.

### For more information please contact The ADRC/MAP of St. Mary's:

301-475-4200, ext. 1057
301-475-4200, ext. 1050
www.stmaryscountymd.gov/aging
www.marylandaccesspoint.info

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## Mission

The Aging and Disability Resource Center/Maryland Access Point (ADRC/MAP) envisions a St. Mary's County in which older adults, persons experiencing a disability or caregivers receive coordinated, quality care that is efficient and effective in meeting their needs.

By partnering with local organizations we are working to improve information and access to all programs and long-term support services for which an individual may be eligible. Persons seeking services will receive navigation assistance from a single point of entry, to avoid having to go from agency to agency for information.

The ADRC/MAP endeavors to promote choice, dignity and independence for older adults, individuals with disabilities and those who care for them.