

St. Mary's County Department of Aging & Human Services

December 2025 Menu

Mon	Tue	Wed	Thu	Fri
1 Chicken Parmesan Buttered Spaghetti WW Dinner Roll Broccoli Florets Diced Pears Margarine	2 Baked Lemon Tilapia Scalloped Potatoes WW Dinner Roll California Blend Vegetables Chilled Peaches Apple Juice Margarine	3 Chili w/Beans Cornbread Seasoned Kale Cinnamon Applesauce Orange Juice Margarine	4 BBQ Pulled Pork WW Bun Macaroni & Cheese Collard Greens Diced Mangos LS Vegetable Juice	5 Herb Baked Chicken Thigh Mashed Sweet Potatoes WW Dinner Roll Cabbage & Tomatoes Fruit Cocktail Pineapple Juice Margarine
8 Stuffed Manicotti Tomato Sauce Garlic Breadstick Italian Green Beans Pineapple Grape Juice Margarine	9 Meatloaf Mashed Potatoes Brown Gravy WW Dinner Roll Seasoned Broccoli Hot Spiced Apples LS Vegetable Juice Margarine	10 Stuffed Bell Pepper Mashed Potatoes Sauteed Spinach Chilled Applesauce Orange Juice	11 Oven Fried Chicken Baked Beans WW Dinner Roll Dilled Carrots Tropical Fruit Fruit Punch Juice Margarine	12 Chicken Cordon Bleu Mashed Sweet Potatoes WW Dinner Roll Broccoli Florets Pineapple Tidbits Apple Pie Vanilla Ice Cream
15 Baked Chicken Thigh WW Dinner Roll Carrots w/Pearl Onions Chilled Pineapple LS Vegetable Juice Margarine	16 Salmon Patty WW Bun Three Bean Salad Seasoned Beets Fruit Cocktail Lettuce & Tomato Orange Juice Tartar Sauce	17 Spaghetti with Meat Sauce Garlic Bread Italian Green Beans Mandarin Oranges Grape Juice Margarine	18 Shrimp Creole over Rice WW Dinner Roll Seasoned Spinach Chilled Pineapple Apple Juice Margarine	19 Pork Loin Roast Mashed Sweet Potatoes WW Dinner Roll Green Beans Hot Spiced Apples Grape Juice
22 Roast Beef Mashed Potatoes Gravy WW Dinner Roll Peas & Onions Mandarin Oranges Cranberry Juice Margarine	23 Baked Ham Pork Gravy Baby Lima Beans WW Dinner Roll Broccoli Florets Hot Spiced Apples LS Vegetable Juice Margarine	24 Baked Ziti French Bread Seasoned Kale Chilled Peaches Grape Juice Margarine	25 Senior Activity Centers Closed 	
29 Salisbury Steak Gravy WW Dinner Roll Parslied Carrots Tropical Fruit Apple Juice Margarine	30 California Chicken Herb Roasted Red Potatoes WW Dinner Roll Zucchini & Tomatoes Sliced Peaches Orange Juice Margarine	31 Lemon Pepper Fish Rice Pilaf WW Dinner Roll Seasoned Spinach Mandarin Oranges Fruit Punch Juice Tartar Sauce Margarine		

All meals served with 1% Milk. To make or cancel a meal reservation,
call the center you wish to attend by noon the business day before.

Garvey Senior Activity Center
301-475-4200, ext. 1065

Loffler Senior Activity Center
301-475-4200, ext. 1657

Northern Senior Activity Center
301-475-4200, ext. 3105

Meals cost the Department \$7. If you are 60 years of age or older, a donation toward the cost of your meal is appreciated; if you are under the age of 60, the cost of the meal is \$7.

Brought to you by the Commissioners of St. Mary's County and the Department of Aging & Human Services.