



ST. MARY'S COUNTY GOVERNMENT PUBLIC INFORMATION OFFICE

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NEWS RELEASE *for Immediate Release*

No. 2026 – 016
January 27, 2026, 2 p.m.

Caregiver Support Group Canceled Due to Inclement Weather, Phone Support Available by Appointment

LEONARDTOWN, MD – Due to inclement weather, the **January Caregiver Support Group** scheduled for this evening and hosted by St. Mary's County Government's Department of Aging & Human Services (DAHS) **will not meet** in person on Tuesday, January 27, 2026.

Alternative Support Available

While tonight's in-person group meeting has been canceled, DAHS recognizes the importance of continued support for local caregivers. In place of the in-person session, **one-on-one phone calls** will be offered to caregivers who would like the opportunity to speak with a member of our team.

Caregivers interested in scheduling a support call are asked to provide the following information:

- First and last name
- Preferred time for the call
- Phone number

To schedule a phone appointment, please call DAHS at (301) 475-4200, ext. 1057, or email Anne.Grove@stmaryscountymd.gov.

For more information on the Caregiver Support Group, visit: www.stmaryscountymd.gov/Respite.

For more information on DAHS, please visit: www.stmaryscountymd.gov/Aging or follow DAHS on social media at: www.Facebook.com/SMCDAHS

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