

CPCS School Age Care Snack Menu 2026-2027

Menu subject to change

		Monday	Tuesday	Wednesday	Thursday	Friday
Aug 11-14	A.M.		Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Mini bagel w/ cream cheese <i>1% Milk</i>
	P.M.		Fresh Fruit <i>1% Milk</i>	Fresh Vegetables <i>1% Milk</i>	Apple Sauce <i>1% Milk</i>	Wheat thins <i>100% Juice</i>
Aug 17-21	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% mMilk</i>	Whole Wheat Cereal <i>1% Milk</i>	Graham Crackers <i>1% Milk</i>	Yogurt & Berries <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>
	P.M.	Plain Yogurt w/ Berries <i>1% Milk</i>	Fresh Veggies & Ranch <i>1% Milk</i>	Tortilla w/ meat and cheese <i>1% Milk</i>	Sun Chips <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>
Aug 24-28	A.M.	Mini bagel w/ cream cheese <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>1% Milk</i>
	P.M.	Whole Wheat Goldfish <i>1% Milk</i>	Nilla Wafers & Bananas <i>1% Milk</i>	Wheat thins & Cheese Cubes <i>1% Milk</i>	Apple Sauce <i>1% Milk</i>	Sugar Free Pudding cups & Graham crackers <i>100% Juice</i>
Aug 31 - Sep 4	A.M.	Hard Boiled Eggs <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Graham Crackers & Cream Cheese <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	DIY Trail Mix <i>100% Juice</i>
	P.M.	Whole Wheat Cereal <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>
Sep 7-11	A.M.	CLOSED	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Greek w/ berries <i>1% Milk</i>	Mini bagel w/ cream cheese <i>1% Milk</i>
	P.M.		Sugar Free Pudding cups & Graham crackers	Whole Wheat Goldfish	Apple Sauce	Veggies & Ranch

Monday		Tuesday	Wednesday	Thursday	Friday
		1% Milk	1% Milk	1% Milk	1% Milk

		Monday	Tuesday	Wednesday	Thursday	Friday
Sep 14-18	A.M.	Greek Yogurt w/ berries <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat Cereal 1% Milk
	P.M.	Whole Wheat Ritz Crackers & Cheese Cube <i>1% Milk</i>	DIY Trail Mix <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>	Apples w/ sunflower butter <i>100% Juice</i>	Rice cakes w/ apple butter or sun butter <i>1% Milk</i>
Sep 21-25	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	OSC
	P.M.	Pretzels and cheese cubes <i>1% Milk</i>	Wheat Thins <i>1% Milk</i>	Nilla Wafers & Bananas <i>1% Milk</i>	Whole Wheat Toast Banana <i>1% Milk</i>	
Sep 28 - Oct 2	A.M.	Whole Wheat Ritz Crackers & Sun Butter <i>1% Milk</i>	Apple sauce <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>100% Juice</i>
	P.M.	Pretzels & Cheese Cubes <i>1% Milk</i>	Whole Wheat Goldfish <i>100% Juice</i>	Veggies & Ranch <i>1% Milk</i>	Tortilla w/ meat and cheese <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>
Oct 5-9	A.M.	OCTOBER RECESS	OCTOBER RECESS	OCTOBER RECESS	OCTOBER RECESS	OCTOBER RECESS
	P.M.					
Oct 12-16	A.M.	OSC	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>81% Milk</i>	Whole Wheat Toast Banana <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>
	P.M.		Veggies & Ranch <i>1% Milk</i>	Wheat Thins <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Mini bagel w/ cream cheese <i>1% Milk</i>

		Monday	Tuesday	Wednesday	Thursday	Friday
Oct 19-23	A.M.	Whole Wheat English Muffins w/ Jelly 1% Milk	Greek Yogurt w/ Berries 1% Milk	Fresh Fruit 1% Milk	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 1% Milk	Apple sauce 1% Milk
	P.M.	Tortilla w/ meat and cheese 1% Milk	Whole Wheat Goldfish 1% Milk	Trail Mix: sunflower seeds, dried fruit, rice chex 1% Milk	Veggies & Ranch 1% Milk	Wheat Thins orange slices 1% Milk
Oct 26-30	A.M.	Whole Wheat Goldfish 1% Milk	Whole Wheat Cereal 1% Milk	Sun Chips 1% Milk	Fresh Fruit 1% Milk	Whole Wheat English Muffins w/ Jelly 100% Juice
	P.M.	Sun Chips 100% Juice	Fresh Fruit 1% Milk	Vanilla Wafers Bananas 1% Milk	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 1% Milk	Chips & queso/salsa 1% Milk
Nov 2-6	A.M.	Mini bagel w/ cream cheese 1% Milk	OSC	Chips & Queso/Salsa 1% Milk	Fresh Fruit 1% Milk	Whole Wheat Cereal 1% Milk
	P.M.	Whole Wheat Toast Banana 1% Milk		Whole Wheat Goldfish 1% Milk	Wheat Thins & Cheese cubes 1% Milk	Sun Chips 1% Milk
Nov 9-13	A.M.	Greek Yogurt & berries 100% Juice	Whole Wheat English Muffins w/ Jelly 100% Juice	VETERAN'S DAY NO SCHOOL	Whole Wheat Cereal 1% Milk	Graham Crackers & apple slices 1% Milk
	P.M.	Chips & queso/salsa 1% Milk	Veggies & Ranch 1% Milk		Pretzels and cheese cubes 100% Juice	Whole Wheat Cereal 1% Milk
Nov 16-20	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes 1% Milk	Greek Yogurt & Berries 1% Milk	Fresh Fruit 1% Milk	Rice Cakes w/ apple butter or sunflower butter 1% Milk	Whole Wheat Cereal 1% Milk
	P.M.	Fresh Fruit 1% Milk	Whole Wheat Goldfish 1% Milk	Wheat Thins & Cheese cubes 1% Milk	Veggies & Ranch 1% Milk	Sun Chips 100% Juice

		Monday	Tuesday	Wednesday	Thursday	Friday
Nov 23-27	A.M.	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	OSC	THANKSGIVING DAY	THANKSGIVING BREAK
	P.M.	Trail Mix: Sunflower seeds dries fruit, rice chex <i>1% Milk</i>	Graham crackers <i>1% Milk</i>		NO SCHOOL	NO SCHOOL
Nov 30-Dec 4	A.M.	Greek Yogurt & berries <i>1% Milk</i>	Mini bagel w/ cream cheese <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Fresh Fruit <i>100% Juice</i>	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>
	P.M.	Sun Chips <i>100% Juice</i>	Wheat Thins & Cheese cubes <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>	Mini Bagel w/Cream Cheese <i>1% Milk</i>	Tortilla w/ meat and cheese <i>1% Milk</i>
Dec 7-11	A.M.	Nilla Wafers & Bananas <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Greek Yogurt & berries <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>
	P.M.	Wheat Thins & Cheese cubes <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Whole Wheat Pancakes or waffles w/low sugar syrup <i>1% Milk</i>	Sun Chips <i>100% Juice</i>	Veggies & Ranch <i>1% Milk</i>
Dec 14-18	A.M.	Rice Cakes w/ apple butter or sunflower butter <i>1% Milk</i>	Apple sauce <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Sugar Free Pudding Graham Crackers <i>1% Milk</i>
	P.M.	Veggie & Dip Ranch/Hummus <i>1% Milk</i>	Whole Wheat Goldfish <i>1% Milk</i>	Tortilla w/ meat and cheese <i>100% Juice</i>	Graham Crackers Orange slices <i>1% Milk</i>	Sun Chips <i>1% Milk</i>
Dec 21-25	A.M.	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
	P.M.	OSC	OSC	OSC	NO SCHOOL	NO SCHOOL

		Monday	Tuesday	Wednesday	Thursday	Friday
Dec 28 - Jan 1	A.M.	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
	P.M.	OSC	OSC	OSC	NO SCHOOL	NO SCHOOL
Jan 4-8	A.M.	Apple sauce <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Greek Yogurt Berries <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>
	P.M.	Whole Wheat Toast Banana <i>1% Milk</i>	DIY Trail Mix <i>100% Juice</i>	Whole Wheat Goldfish <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Nilla Wafers & Bananas <i>1% Milk</i>
Jan 11-15	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>1% Milk</i>
	P.M.	Veggies & Dip <i>1% Milk</i>	Greek Yogurt berries <i>1% Milk</i>	Wheat Thins & Cheese cubes <i>1% Milk</i>	Whole Wheat English Muffin w/ jelly <i>1% Milk</i>	Whole Wheat Goldfish <i>100% Juice</i>
Jan 18-22	A.M.	MLK DAY	Whole Wheat Cereal <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Nilla Wafers & Bananas <i>1% Milk</i>
	P.M.	NO SCHOOL	Fresh Fruit <i>1% Milk</i>	Greek Yogurt Berries <i>1% Milk</i>	DIY Trail Mix <i>100% Juice</i>	Whole Wheat Goldfish <i>1% Milk</i>
Jan 25-29	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes <i>100% Juice</i>	Greek Yogurt Berries <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Apple sauce <i>1% Milk</i>	PROFESSIONALS DAY
	P.M.	Tortilla w/ meat and cheese <i>1% Milk</i>	Sun Chips <i>1% Milk</i>	Whole Wheat Toast Banana <i>100% Juice</i>	Wheat Thins & Cheese cubes <i>1% Milk</i>	OSC

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Feb 1-5	A.M.	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>	Veggies & Dip <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Mini bagel w/ cream cheese <i>1% Milk</i>
	P.M.	Sun Chips <i>1% Milk</i>	Pretzels and cheese cubes <i>100% Juice</i>	Greek Yogurt & Berries <i>1% Milk</i>	Whole Wheat English Muffin w/ jelly <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>
Feb 8-12	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Apple sauce <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Fresh Fruit <i>1% Milk</i>	Graham Crackers <i>1% Milk</i>
	P.M.	Rice Cakes w/ apple butter or sunflower butter <i>100% Juice</i>	Wheat Thins Orange slices <i>1% Milk</i>	Sun Chips <i>1% Milk</i>	Greek Yogurt & bananas <i>1% Milk</i>	Tortilla w/ meat and cheese <i>1% Milk</i>
Feb 15-19	A.M.	PRESIDENT'S DAY	Chips & Queso/Salsa <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Nilla Wafers & Bananas <i>100% Juice</i>
	P.M.	NO SCHOOL	Fresh Fruit <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Pretzels and cheese cubes <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>
Feb 22-26	A.M.	Apple sauce <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Fresh Fruit <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>
	P.M.	Wheat Thins & Cheese cubes <i>100% Juice</i>	Sun Chips <i>1% Milk</i>	Sugar Free Pudding & Graham Crackers <i>1% Milk</i>	Tortilla w/ meat and cheese <i>1% Milk</i>	Whole Wheat Toast Banana <i>100% Juice</i>
March 1-5	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes <i>100% Juice</i>	Nilla Wafers & Bananas <i>1% Milk</i>	Mini bagel w/ cream cheese <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>
	P.M.	Sun Chips <i>1% Milk</i>	Greek Yogurt & berries <i>100% Juice</i>	Wheat Thins & Cheese cubes <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>1% Milk</i>	Whole Wheat Goldfish <i>1% Milk</i>

		Monday	Tuesday	Wednesday	Thursday	Friday
March 8-12	A.M.	Whole Wheat Cereal <i>1% Milk</i>	Apple sauce <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>
	P.M.	DIY Trail Mix <i>100% Juice</i>	Whole Wheat Toast Banana <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>
March 15-19	A.M.	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Goldfish <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Graham Crackers & Cream Cheese <i>1% Milk</i>	Apple sauce <i>1% Milk</i>
	P.M.	Whole Wheat Goldfish <i>1% Milk</i>	Wheat Thins & Cheese cubes <i>100% Juice</i>	Tortilla w/ meat and cheese <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>
March 22-26	A.M.	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
	P.M.	OSC	OSC	OSC	OSC	OSC
March 29 - April 2	A.M.	SPRING BREAK	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Greek Yogurt Berries <i>1% Milk</i>	Graham Crackers & Cream Cheese <i>1% Milk</i>
	P.M.	OSC	Sun Chips <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Whole Wheat Toast Banana <i>100% Juice</i>	Whole Wheat Goldfish <i>1% Milk</i>
April 5-9	A.M.	Fresh Fruit <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Plain Yogurt w/ Honey and Berries <i>1% Milk</i>	Graham Crackers & Cream Cheese <i>1% Milk</i>
	P.M.	Vegies & Dip <i>1% Milk</i>	Sun Chips <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat Goldfish <i>1% Milk</i>

		Monday	Tuesday	Wednesday	Thursday	Friday
April 12-16	A.M.	Mini bagel w/ cream cheese 1% Milk	Fresh Fruit 1% Milk	Whole Wheat Toast Butter/Jelly/Sun Butter 1% Milk	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 100% Juice	Whole Wheat Cereal 1% Milk
	P.M.	Wheat Thins & Cheese cubes 100% Juice	Rice Cakes w/ apple butter or sunflower butter 1% Milk	Greek Yogurt Banana 1% Milk	Chips & queso/salsa 1% Milk	Sun Chips 1% Milk
April 19-23	A.M.	Whole Wheat English Muffins w/ Jelly 100% Juice	Graham Crackers & Cream Cheese 1% Milk	Fresh Fruit 1% Milk	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 1% Milk	Whole Wheat Ritz Crackers & Cheese Cubes 1% Milk
	P.M.	Pretzels & Cheese cubes 1% Milk	Whole Wheat Goldfish 1% Milk	Tortilla w/ meat and cheese 1% Milk	Rice Cakes w/ apple butter or sunflower butter 100% Juice	Veggies & Ranch 1% Milk
April 26-30	A.M.	Greek Yogurt & Fruit 1% Milk	Sun Chips 1% Milk	Fresh Fruit 1% Milk	Whole Wheat English Muffins w/ Jelly 100% Juice	Whole Wheat Cereal 1% Milk
	P.M.	Mini bagel Cream Cheese 1% Milk	Wheat Thins & Cheese cubes 1% Milk	Whole Wheat Cereal 1% Milk	Veggies & Ranch 1% Milk	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 1% Milk
May 3-7	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 1% Milk	Whole Wheat Cereal 1% Milk	Fresh Fruit 1% Milk	Whole Wheat Ritz Crackers & Cheese Cubes 1% Milk	Whole Wheat Goldfish 1% Milk
	P.M.	Rice Cakes w/ apple butter or sunflower butter 1% Milk	Tortilla w/ meat and cheese 100% Juice	Wheat Thins & Cheese cubes 1% Milk	Veggies & Ranch 1% Milk	Whole Wheat Goldfish 1% Milk
May 10-14	A.M.	Graham Crackers & Cream Cheese 1% Milk	Whole Wheat English Muffins w/ Jelly 100% Juice	Whole Wheat Pancakes Or Waffles w/ low sugar syrup 1% Milk	DIY Trail Mix 1% Milk	Whole Wheat Cereal 1% Milk
	P.M.	Whole Wheat Toast Banana 100% Juice	Sun Chips 1% Milk	Tortilla w/ meat and cheese 1% Milk	DIY Trail Mix 1% Milk	Chips & queso/salsa 1% Milk

		Monday	Tuesday	Wednesday	Thursday	Friday
May 17-21	A.M.	Mini bagel w/ cream cheese <i>100% Juice</i>	Greek Yogurt Fruit <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Sun Chips <i>1% Milk</i>
	P.M.	Wheat Thins & Cheese cubes <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>	Whole Wheat Goldfish <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>
May 24-28	A.M.	Chips & Queso/Salsa <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Graham Crackers & Cream Cheese <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>
	P.M.	Fresh Fruit <i>1% Milk</i>	Tortilla w/ meat and cheese <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>	Wheat Thins & Cheese cubes <i>1% Milk</i>	Chips & queso/salsa <i>100% Juice</i>
May31-June 4	A.M.	MEMORIAL DAY	Fresh Fruit <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>
	P.M.	NO SCHOOL	Whole Wheat Toast Banana w/ honey <i>100% Juice</i>	Whole Wheat Goldfish <i>1% Milk</i>	Sun Chips <i>100% Juice</i>	Veggies & Ranch <i>1% Milk</i>
June 7-11	A.M.	Fresh Fruit <i>1% Milk</i>	Whole Wheat Goldfish <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Graham Crackers & butter/jelly/sun butter <i>1% Milk</i>	
	P.M.	Whole Wheat Toast butter/jelly/sun butter <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Sun Chips <i>1% Milk</i>	Wheat Thins & Cheese cubes <i>1% Milk</i>	