

SMCPS School Age Care Snack Menu 2026-2027*Menu subject to change*

		Monday	Tuesday	Wednesday	Thursday	Friday
Aug 24-28	A.M.			Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>1% Milk</i>
	P.M.			Wheat thins & Cheese Cubes <i>1% Milk</i>	Apple Sauce <i>1% Milk</i>	Sugar Free Pudding cups & Graham crackers <i>100% Juice</i>
Aug 31 - Sep 4	A.M.	Hard Boiled Eggs <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Graham Crackers & Cream Cheese <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	DIY Trail Mix <i>100% Juice</i>
	P.M.	Whole Wheat Cereal <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>
Sep 7-11	A.M.	CLOSED	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Greek w/ berries <i>1% Milk</i>	Mini bagel w/ cream cheese <i>1% Milk</i>
	P.M.		Sugar Free Pudding cups & Graham crackers <i>1% Milk</i>	Whole Wheat Goldfish <i>1% Milk</i>	Apple Sauce <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>
Sep 14-18	A.M.	Greek Yogurt w/ berries <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>
	P.M.	Whole Wheat Ritz Crackers & Cheese Cube <i>1% Milk</i>	DIY Trail Mix <i>1% Milk</i>	Veggies & Ranch <i>1% Milk</i>	Apples w/ sunflower butter <i>100% Juice</i>	Rice cakes w/ apple butter or sun butter <i>1% Milk</i>
Sep 21-25	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	OSC
	P.M.	Pretzels and cheese cubes	Wheat Thins	Nilla Wafers & Bananas	Whole Wheat Toast Banana	

		1% Milk	1% Milk	1% Milk	1% Milk	
Sep 28 - Oct 2	A.M.	Whole Wheat Ritz Crackers & Sun Butter	Apple sauce	Fresh Fruit	Whole Wheat English Muffins w/ Jelly	Rice Cakes w/ apple butter or sunflower butter 100% Juice
		1% Milk	1% Milk	1% Milk	1% Milk	
	P.M.	Pretzels & Cheese Cubes	Whole Wheat Goldfish	Veggies & Ranch	Tortilla w/ meat and cheese	Whole Wheat Cereal
		1% Milk	100% Juice	1% Milk	1% Milk	1% Milk
Oct 5-9	A.M.	Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Cereal	Graham Crackers & Cream Cheese	Whole Wheat Goldfish
		1% Milk	1% Milk	1% Milk	100% Juice	1% Milk
	P.M.	Whole Wheat Toast butter/jelly/sun butter	Chips & queso/salsa	Sun Chips	Wheat Thins & Cheese cubes	Veggies & Ranch
		1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
	A M		Whole Wheat Cereal	Whole Wheat English Muffins w/ Jelly	Whole Wheat Toast Banana	Whole Wheat Pancakes Or Waffles w/ low sugar syrup

Oct 12-16	A.M.	OSC	1% Milk	81% Milk	1% Milk	1% Milk
	P.M.		Veggies & Ranch	Wheat Thins	Whole Wheat Cereal	Mini bagel w/ cream cheese
Oct 19-23			1% Milk	1% Milk	1% Milk	1% Milk
	A.M.	Whole Wheat English Muffins w/ Jelly	Greek Yogurt w/ Berries	Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Apple sauce
		1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
	P.M.	Tortilla w/ meat and cheese	Whole Wheat Goldfish	Trail Mix: sunflower seeds, dried fruit, rice chex	Veggies & Ranch	Wheat Thins orange slices
Oct 26-30		1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
	A.M.	Whole Wheat Goldfish	Whole Wheat Cereal	Sun Chips	Fresh Fruit	Whole Wheat English Muffins w/ Jelly
		1% Milk	1% Milk	1% Milk	1% Milk	100% Juice
	P.M.	Sun Chips	Fresh Fruit	Vanilla Wafers Bananas	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Chips & queso/salsa
Nov 2-6		100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
	A.M.	Mini bagel w/ cream cheese	OSC	Chips & Queso/Salsa	Fresh Fruit	Whole Wheat Cereal
		1% Milk		1% Milk	1% Milk	1% Milk
	P.M.	Whole Wheat Toast Banana		Whole Wheat Goldfish	Wheat Thins & Cheese cubes	Sun Chips
Nov 9-13		1% Milk		1% Milk	1% Milk	1% Milk
	A.M.	Greek Yogurt & berries	Whole Wheat English Muffins w/ Jelly	VETERAN'S DAY	Whole Wheat Cereal	Graham Crackers & apple slices
		100% Juice	100% Juice		1% Milk	1% Milk
	P.M.	Chips & queso/salsa	Veggies & Ranch	NO SCHOOL	Pretzels and cheese cubes	Whole Wheat Cereal
		1% Milk	1% Milk		100% Juice	1% Milk
	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes	Greek Yogurt & Berries	Fresh Fruit	Rice Cakes w/ apple butter or	Whole Wheat Cereal

Nov 16-20	A.M.	1% Milk	1% Milk	1% Milk	sunflower butter 1% Milk	1% Milk
	P.M.	Fresh Fruit	Whole Wheat Goldfish	Wheat Thins & Cheese cubes	Veggies & Ranch	Sun Chips
		1% Milk	1% Milk	1% Milk	1% Milk	100% Juice
Nov 23-27	A.M.	Whole Wheat English Muffins w/ Jelly	Whole Wheat Cereal	OSC	THANKSGIVING DAY	THANKSGIVING BREAK
	P.M.	Trail Mix: Sunflower seeds dries fruit, rice chex	Graham crackers		NO SCHOOL	NO SCHOOL
		1% Milk	1% Milk			
Nov 30-Dec 4	A.M.	Greek Yogurt & berries	Mini bagel w/ cream cheese	Whole Wheat Cereal	Fresh Fruit	Whole Wheat English Muffins w/ Jelly
	P.M.	Sun Chips	Wheat Thins & Cheese cubes	Veggies & Ranch	Mini Bagel w/Cream Cheese	Tortilla w/ meat and cheese
		100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
Dec 7-11	A.M.	Nilla Wafers & Bananas	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Greek Yogurt & berries	Whole Wheat Cereal	Whole Wheat English Muffins w/ Jelly
	P.M.	Wheat Thins & Cheese cubes	Fresh Fruit	Whole Wheat Pancakes or waffles w/low sugar syrup	Sun Chips	Veggies & Ranch
		1% Milk	1% Milk	1% Milk	100% Juice	1% Milk
Dec 14-18	A.M.	Rice Cakes w/ apple butter or sunflower butter	Apple sauce	Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Sugar Free Pudding Graham Crackers
	P.M.	Veggie & Dip Ranch/Hummus	Whole Wheat Goldfish	Tortilla w/ meat and cheese	Graham Crackers Orange slices	Sun Chips
		1% Milk	1% Milk	100% Juice	1% Milk	1% Milk
	A M					

Dec 21-25	A.M.	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
	P.M.	OSC	OSC	OSC	NO SCHOOL	NO SCHOOL
Dec 28 - Jan 1	A.M.	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK	WINTER BREAK
	P.M.	OSC	OSC	OSC	NO SCHOOL	NO SCHOOL
Jan 4-8	A.M.	Apple sauce <i>1% Milk</i>	Whole Wheat Cereal <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Greek Yogurt Berries <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>
	P.M.	Whole Wheat Toast Banana <i>1% Milk</i>	DIY Trail Mix <i>100% Juice</i>	Whole Wheat Goldfish <i>1% Milk</i>	Chips & queso/salsa <i>1% Milk</i>	Nilla Wafers & Bananas <i>1% Milk</i>
Jan 11-15	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Cereal <i>1% Milk</i>	Fresh Fruit <i>1% Milk</i>	Rice Cakes w/ apple butter or sunflower butter <i>1% Milk</i>
	P.M.	Veggies & Dip <i>1% Milk</i>	Greek Yogurt berries <i>1% Milk</i>	Wheat Thins & Cheese cubes <i>1% Milk</i>	Whole Wheat English Muffin w/ jelly <i>1% Milk</i>	Whole Wheat Goldfish <i>100% Juice</i>
Jan 18-22	A.M.	MLK DAY	Whole Wheat Cereal <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Nilla Wafers & Bananas <i>1% Milk</i>
	P.M.	NO SCHOOL	Fresh Fruit <i>1% Milk</i>	Greek Yogurt Berries <i>1% Milk</i>	DIY Trail Mix <i>100% Juice</i>	Whole Wheat Goldfish <i>1% Milk</i>
	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes	Greek Yogurt Berries	Fresh Fruit	Apple sauce	

Jan 25-29	A.M.	100% Juice	1% Milk	1% Milk	1% Milk	PROFESSIONALS DAY
	P.M.	Tortilla w/ meat and cheese	Sun Chips	Whole Wheat Toast Banana	Wheat Thins & Cheese cubes	OSC
Feb 1-5	A.M.	1% Milk	1% Milk	100% Juice	1% Milk	
		Whole Wheat English Muffins w/ Jelly	Whole Wheat Cereal	Veggies & Dip	Fresh Fruit	Mini bagel w/ cream cheese
		100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
	P.M.	Sun Chips	Pretzels and cheese cubes	Greek Yogurt & Berries	Whole Wheat English Muffin w/ jelly	Whole Wheat Cereal
Feb 8-12		1% Milk	100% Juice	1% Milk	1% Milk	1% Milk
	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Apple sauce	Whole Wheat English Muffins w/ Jelly	Fresh Fruit	Graham Crackers
		1% Milk	1% Milk	100% Juice	1% Milk	1% Milk
	P.M.	Rice Cakes w/ apple butter or sunflower butter	Wheat Thins Orange slices	Sun Chips	Greek Yogurt & bananas	Tortilla w/ meat and cheese
Feb 15-19		100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
	A.M.	PRESIDENT'S DAY	Chips & Queso/Salsa	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Cereal	Nilla Wafers & Bananas
			1% Milk	1% Milk	1% Milk	100% Juice
	P.M.	NO SCHOOL	Fresh Fruit	Chips & queso/salsa	Pretzels and cheese cubes	Whole Wheat Cereal
Feb 22-26		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
	A.M.	Apple sauce	Whole Wheat English Muffins w/ Jelly	Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Cereal
		1% Milk	100% Juice	1% Milk	100% Juice	1% Milk
	P.M.	Wheat Thins & Cheese cubes	Sun Chips	Sugar Free Pudding & Graham Crackers	Tortilla w/ meat and cheese	Whole Wheat Toast Banana
		100% Juice	1% Milk	1% Milk	1% Milk	100% Juice
	A.M.	Whole Wheat Ritz Crackers & Cheese Cubes	Nilla Wafers & Bananas	Mini bagel w/ cream cheese	Whole Wheat Cereal	Fresh Fruit

March 1-5	A.M.	100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
	P.M.	Sun Chips	Greek Yogurt & berries	Wheat Thins & Cheese cubes	Rice Cakes w/ apple butter or sunflower butter	Whole Wheat Goldfish
March 8-12	A.M.	1% Milk	100% Juice	1% Milk	1% Milk	1% Milk
	P.M.	Whole Wheat Cereal	Apple sauce	Whole Wheat Ritz Crackers & Cheese Cubes	Whole Wheat Cereal	Fresh Fruit
March 15-19	A.M.	DIY Trail Mix	Whole Wheat Toast Banana	Chips & queso/salsa	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Cereal
	P.M.	100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
March 22-26	A.M.	Mini bagel w/ cream cheese	Whole Wheat Goldfish	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Graham Crackers & Cream Cheese	Apple sauce
	P.M.	100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
March 29 - April 2	A.M.	Whole Wheat Goldfish	Wheat Thins & Cheese cubes	Tortilla w/ meat and cheese	Rice Cakes w/ apple butter or sunflower butter	Whole Wheat Cereal
	P.M.	1% Milk	100% Juice	1% Milk	1% Milk	1% Milk
March 29 - April 2	A.M.	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK	SPRING BREAK
	P.M.	OSC	OSC	OSC	OSC	OSC
March 29 - April 2	A.M.	SPRING BREAK	Whole Wheat Cereal	Whole Wheat English Muffins w/ Jelly	Greek Yogurt Berries	Graham Crackers & Cream Cheese
	P.M.	OSC	1% Milk	100% Juice	1% Milk	1% Milk
March 29 - April 2	A.M.	OSC	Sun Chips	Chips & queso/salsa	Whole Wheat Toast Banana	Whole Wheat Goldfish
	P.M.	OSC	1% Milk	1% Milk	100% Juice	1% Milk
March 29 - April 2	A.M.	Fresh Fruit	Whole Wheat Cereal	Whole Wheat English Muffins w/ Jelly	Plain Yogurt w/ Honey and Berries	Graham Crackers & Cream Cheese
	P.M.	OSC	OSC	OSC	OSC	OSC

April 5-9	A.M.	1% Milk	1% Milk	100% Juice	1% Milk	1% Milk
	P.M.	Vegies & Dip	Sun Chips	Chips & queso/salsa	Whole Wheat Cereal	Whole Wheat Goldfish
April 12-16		1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
	A.M.	Mini bagel w/ cream cheese	Fresh Fruit	Whole Wheat Toast Butter/Jelly/Sun Butter	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Cereal
		1% Milk	1% Milk	1% Milk	100% Juice	1% Milk
	P.M.	Wheat Thins & Cheese cubes	Rice Cakes w/ apple butter or sunflower butter	Greek Yogurt Banana	Chips & queso/salsa	Sun Chips
April 19-23		100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
	A.M.	Whole Wheat English Muffins w/ Jelly	Graham Crackers & Cream Cheese	Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Ritz Crackers & Cheese Cubes
		100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
	P.M.	Pretzels & Cheese cubes	Whole Wheat Goldfish	Tortilla w/ meat and cheese	Rice Cakes w/ apple butter or sunflower butter	Veggies & Ranch
April 26-30		1% Milk	1% Milk	1% Milk	100% Juice	1% Milk
	A.M.	Greek Yogurt & Fruit	Sun Chips	Fresh Fruit	Whole Wheat English Muffins w/ Jelly	Whole Wheat Cereal
		1% Milk	1% Milk	1% Milk	100% Juice	1% Milk
	P.M.	Mini bagel Cream Cheese	Wheat Thins & Cheese cubes	Whole Wheat Cereal	Veggies & Ranch	Whole Wheat Pancakes Or Waffles w/ low sugar syrup
May 3-7		1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Cereal	Fresh Fruit	Whole Wheat Ritz Crackers & Cheese Cubes	Whole Wheat Goldfish
		1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
	P.M.	Rice Cakes w/ apple butter or sunflower butter	Tortilla w/ meat and cheese	Wheat Thins & Cheese cubes	Veggies & Ranch	Whole Wheat Goldfish
		1% Milk	100% Juice	1% Milk	1% Milk	1% Milk
	A.M.	Graham Crackers & Cream Cheese	Whole Wheat English Muffins w/ Jelly	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	DIY Trail Mix	Whole Wheat Cereal

May 10-14	A.M.	1% Milk	100% Juice	1% Milk	1% Milk	1% Milk
	P.M.	Whole Wheat Toast Banana	Sun Chips	Tortilla w/ meat and cheese	DIY Trail Mix	Chips & queso/salsa
May 17-21	A.M.	100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
		Mini bagel w/ cream cheese	Greek Yogurt Fruit	Fresh Fruit	Whole Wheat Cereal	Sun Chips
	P.M.	100% Juice	1% Milk	1% Milk	1% Milk	1% Milk
		Wheat Thins & Cheese cubes	Veggies & Ranch	Whole Wheat Goldfish	Rice Cakes w/ apple butter or sunflower butter	Whole Wheat Cereal
May 24-28	A.M.	1% Milk	1% Milk	1% Milk	100% Juice	1% Milk
		Chips & Queso/Salsa	Whole Wheat English Muffins w/ Jelly	Graham Crackers & Cream Cheese	Fresh Fruit	Whole Wheat Cereal
	P.M.	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
		Fresh Fruit	Tortilla w/ meat and cheese	Veggies & Ranch	Wheat Thins & Cheese cubes	Chips & queso/salsa
May31-June 4	A.M.	1% Milk	1% Milk	1% Milk	1% Milk	100% Juice
		MEMORIAL DAY	Fresh Fruit	Mini bagel w/ cream cheese	Whole Wheat Cereal	Whole Wheat English Muffins w/ Jelly
	P.M.	100% Juice	1% Milk	1% Milk	1% Milk	100% Juice
		NO SCHOOL	Whole Wheat Toast Banana w/ honey	Whole Wheat Goldfish	Sun Chips	Veggies & Ranch
June 7-11	A.M.	100% Juice	1% Milk	1% Milk	100% Juice	1% Milk
		Fresh Fruit	Whole Wheat Pancakes Or Waffles w/ low sugar syrup	Whole Wheat Cereal	Graham Crackers & Cream Cheese	Whole Wheat Goldfish
	P.M.	1% Milk	1% Milk	1% Milk	100% Juice	1% Milk
		Whole Wheat Toast butter/jelly/sun butter	Chips & queso/salsa	Sun Chips	Wheat Thins & Cheese cubes	Veggies & Ranch
	A.M.	1% Milk	1% Milk	1% Milk	1% Milk	1% Milk
		Fresh Fruit	Pretzels and cheese sticks	Whole Wheat Cereal		

June 14-18		1% Milk	1% Milk	1% Milk		
	P.M.	Whole Wheat Goldfish	Chips & queso/salsa	Sun Chips		
		1% Milk	1% Milk	1% Milk		
