

St. Mary's County Department of Aging & Human Services  
Senior Activity Centers  
Criteria for Participation

- Age 50 or above unless otherwise noted for intergenerational programming. Additionally, some services have an age requirement of 60 or above.
- Complete an annual registration form and waiver. Forms must be complete and accurate prior to participating or receiving services.
- Must maintain a reasonable degree of self-sufficiency, including but not limited to:
  - o Independently negotiate the senior activity center facility and programming safely.
  - o Understand and carry out directions from staff and instructors.
  - o Recognize and respond appropriately to emergency situations.
  - o Eat independently.
  - o Use restrooms independently.

\*Consumers requiring assistance with the above tasks may attend with a caregiver. The caregiver may be a hired professional, a family member, or non-related individual who helps the participant at all times while attending. Senior activity center staff, instructors, and volunteers shall not act as caregivers. \*\* The Senior Activity Center Operations Managers reserve the right to decline senior activity center participation if it is determined an individual has needs that cannot be accommodated by the staff and/or facilities with reasonable accommodations. In such cases, appropriate resources will be suggested.

- Upon acceptance of registration, a membership card will be issued. When entering the senior activity center, the consumer is required to scan the card and select activities of participation to record daily attendance. See staff to replace a lost or damaged card.
- All consumers must follow the Rules for Participation. Failure to follow the Rules for Participation may result in suspension from the center(s), revocation of center privileges, and the involvement of law enforcement.