

Department: St. Mary's County Recreation and Parks

Division: Recreation

Position: Group Cycling Instructor (Specialized Leader III -

Substitute)

Rate: \$30.18/hour

Job Location: Wellness & Aquatics Center, Leonardtown MD

Hours: Part time, varies Monday-Sunday

Supervision:

Supervisor: Aquatics & Wellness Coordinator

General statement of duties:

This position provides certified group cycling classes to the public. The position is currently for a substitute instructor but could become a regularly scheduled instructor.

Essential Responsibilities:

- Teach a certified group cycle curriculum in a class setting.
- Come prepared for each class, providing a dynamic group cycle experience.
- Keep accurate records of each class.
- Work closely with the Program Coordinator regarding the scheduling of classes and equipment needs.
- Uphold policies, procedures, standards and code of conduct.
- Participate in staff meetings, trainings and special events as scheduled.

Job Specifications:

Minimum Qualifications:

Must be a certified group cycling instructor, at least 21 years of age. Must be CPR/First Aid certified. Must be in good health.

Required Skills/Abilities

- Must keep group cycle skills up to date and keep certifications current.
- Must be able to deliver classes in a satisfying and successful way for the participants.
- Must remain in good physical health.
- Ability to be flexible in schedule and personal objectives.
- Ability to relate to fellow employees and participants in a positive way.

Additional Requirements

An acceptable general background investigation to include a Federal, local and state criminal history, and a sex offender registry check. Individuals in this position cannot be listed as having a founded child abuse or neglect complaint and must pass a CPS check.

Physical Requirements

While performing the duties of a group cycle instructor, the employee is required to remain in good physical condition in order to sufficiently perform the duties of the position. This position will require close vision, distance vision, peripheral vision, and ability to adjust focus.

Benefits to working for Recreation and Parks:

- Health and sick leave benefits may be provided for employees working required total hours.
- The opportunity to enhance the recreation needs and enjoyment of the community while maintaining safety measures for all involved.
- Provides an opportunity to be part of a team for the greater good of others, by helping promote community fitness through group exercise.

Site Locations:

Wellness & Aquatics, Leonardtown

To Apply:

Complete the Recreation and Parks application form found at www.stmaryscountymd.gov/docs/jobapplication.pdf

Contact:

Ross Schneider, Aquatics & Wellness Coordinator 301-475-4200 x 1803 / ross.schneider@stmaryscountymd.gov