

SMCPS School Age Care Snack Menu 2024-25

Menu subject to change

		Monday	Tuesday	Wednesday	Thursday	Friday
Jan 27-31	A.M.	Whole wheat cereal <i>1% Milk</i>	Plain Yogurt w/ Honey and Berries <i>100% Juice</i>	Whole wheat mini bagel w/ cream cheese <i>1% Milk</i>	Graham Crackers <i>100% Juice</i>	Apples w/ sunflower butter <i>1% Milk</i>
	P.M.	Apple Sauce <i>100% Juice</i>	Whole wheat goldfish <i>1% Milk</i>	Veggies and Dip <i>100% Juice</i>	Whole wheat tortilla w/ meat and cheese <i>1% Milk</i>	Wheat thins <i>100% Juice</i>
Feb 3-7	A.M.	Apples w/ sunflower butter <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Plain Yogurt w/ Honey and Whole Wheat Granola <i>100% Juice</i>	Mini bagel w/ cream cheese <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>
	P.M.	Whole Wheat Ritz Crackers & Cheese Cube <i>1% Milk</i>	Sun Chips <i>100% Juice</i>	Fresh Fruit <i>1% Milk</i>	Wheat thins <i>100% Juice</i>	Veggies and Dip <i>1% Milk</i>
Feb 10-14	A.M.	Whole wheat cereal <i>1% Milk</i>	Graham Crackers <i>100% Juice</i>	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Plain Yogurt w/ Honey and Berries <i>100% Juice</i>	Graham Crackers <i>1% Milk</i>
	P.M.	Chips and salsa/queso <i>100% Juice</i>	Whole Wheat bread Banana w/ honey <i>1% Milk</i>	Fresh Fruit <i>100% Juice</i>	Pretzels and cheese cubes <i>1% Milk</i>	Whole wheat goldfish <i>100% Juice</i>
Feb 17-21	A.M.	PRESIDENT'S DAY SCHOOL CLOSED	Whole wheat cereal <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>100% Juice</i>	Apples w/ sunflower butter <i>1% Milk</i>	Whole Wheat bread Banana w/ honey <i>100% Juice</i>
	P.M.		Sun Chips <i>100% Juice</i>	Fresh Fruit <i>1% Milk</i>	Whole wheat goldfish <i>100% Juice</i>	Veggies and Dip <i>1% Milk</i>
Feb 24-28	A.M.	Graham Crackers <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Whole wheat cereal <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Plain Yogurt w/ Honey and Berries <i>1% Milk</i>
	P.M.	Whole Wheat Ritz Crackers & Cheese Cube <i>100% Juice</i>	Chips and salsa/queso <i>1% Milk</i>	Fresh Fruit <i>100% Juice</i>	Whole wheat goldfish <i>1% Milk</i>	Wheat thins <i>100% Juice</i>

March 3-7	A.M.	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Whole wheat cereal <i>1% Milk</i>	Plain Yogurt w/ Honey and Berries <i>100% Juice</i>	Fresh Fruit <i>1% Milk</i>	OSC SCHOOL CLOSED
	P.M.	Whole wheat goldfish <i>1% Milk</i>	Sun Chips <i>100% Juice</i>	Whole Wheat Ritz Crackers & Cheese Cube <i>1% Milk</i>	Wheat thins <i>100% Juice</i>	
March 10-14	A.M.	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Plain Yogurt w/ Honey and Whole Wheat Granola <i>100% Juice</i>	Graham Crackers <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Fresh Fruit <i>1% Milk</i>
	P.M.	Veggies and Dip <i>100% Juice</i>	Whole wheat goldfish <i>1% Milk</i>	Pretzels and cheese cubes <i>100% Juice</i>	Chips and salsa/queso <i>1% Milk</i>	Whole Wheat bread Banana w/ honey <i>100% Juice</i>
March 17-21	A.M.	Fresh Fruit <i>100% Juice</i>	Whole wheat cereal <i>1% Milk</i>	Plain Yogurt w/ Honey and Berries <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>
	P.M.	Whole Wheat Ritz Crackers & Cheese Cube <i>1% Milk</i>	Veggies and Dip <i>100% Juice</i>	Wheat thins <i>1% Milk</i>	Whole wheat goldfish <i>100% Juice</i>	Chips and salsa/queso <i>1% Milk</i>
March 24-28	A.M.	Plain Yogurt w/ Honey and Whole Wheat Granola <i>1% Milk</i>	Graham Crackers <i>100% Juice</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>1% Milk</i>	Whole Wheat English Muffins w/ Jelly <i>100% Juice</i>	Whole wheat cereal <i>1% Milk</i>
	P.M.	Sun Chips <i>100% Juice</i>	Whole wheat goldfish <i>1% Milk</i>	Pretzels and cheese cubes <i>100% Juice</i>	Fresh Fruit <i>1% Milk</i>	Veggies and Dip <i>100% Juice</i>
March 31-April 4	A.M.	Plain Yogurt w/ Honey and Whole Wheat Granola <i>100% Juice</i>	Graham Crackers <i>1% Milk</i>	Mini bagel w/ cream cheese <i>100% Juice</i>	Whole Wheat English Muffins w/ Jelly <i>1% Milk</i>	Whole Wheat Pancakes Or Waffles w/ low sugar syrup <i>100% Juice</i>
	P.M.	Chips and salsa/queso <i>1% Milk</i>	Whole Wheat Ritz Crackers & Cheese Cube <i>100% Juice</i>	Whole Wheat bread Banana w/ honey <i>1% Milk</i>	Sun Chips <i>100% Juice</i>	Whole wheat goldfish <i>1% Milk</i>