

# Pool Use Schedule July 2024

Updated 7/1/2024

## Monday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30			
Competition Pool	6 Lanes				3 Lanes		2 Lanes		3 Lanes			Open Swim - 6 Lanes						6 Lanes			3 Lanes		2 Lanes								
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes		Aqua EZ 3 Lanes																			Swim Lessons 1 Lane			
Therapy Pool																					Swim Lessons										
Swim Teams																													Rockfish-5:30p-7:30p - 3 Lanes		

## Tuesday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes				2 Lane		6 Lanes			Open Swim - 6 Lanes						6 Lanes			5 Lanes										
Aqua Aerobics					Aqua Rock 4 Lanes																							Swim Lessons 1 Lane	
Therapy Pool									Flex & Stretch		Aqua Arthritis										Swim Lessons								
Swim Teams																													

## Wednesday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Lap Swim	6 Lanes				3 Lanes		2 Lanes		6 Lanes			OpenSwim - 6 Lanes						6 Lanes			3 Lanes		2 Lanes							
Aqua Aerobics					Burn & Stretch 3 Lanes		Aqua Blast 4 Lanes																					Swim Lessons 1 Lane		
Therapy Pool									Anything Goes												Swim Lessons									
Swim Teams																													Rockfish-5:30p-7:30p - 3 Lanes	

## Thursday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes				2 Lane		6 Lanes			Open Swim - 6 Lanes						6 Lanes			5 Lanes										
Aqua Aerobics					Aqua Rock 4 Lanes																							Swim Lessons 1 Lane	
Therapy Pool									Flex & Stretch		Aqua Arthritis										Swim Lessons								
Swim Teams																													

## Friday

	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Lap Swim	6 Lanes				3 Lanes		2 Lane		6 Lanes			Open Swim - 6 Lanes						6 Lanes			3 Lanes		2 Lanes							
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes																					Swim Lessons 1 Lane		
Therapy Pool									Flex & Stretch		Aqua Arthritis										Swim Lessons									
Swim Teams																													Rockfish-5:30p-7:30p - 3 Lanes	

Saturday																															
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30			
Lap Swim	6 Lanes						2 Lanes				Open Swim 6 Lanes						4 Lanes		1 or 3	Open Swim 3-6 Lanes											
Aqua Aerobics							Aqua Blast 3 Lanes		Aqua Zumba 3 Lanes								Swim Lessons 2 Lanes														
Therapy Pool							Swim Lessons - 9:00am - 1:30																								
Swim Teams																															
																					Birthday Party Rentals - 3:00p-7:30p										

Sunday																			
							12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	
Lap Swim							4 Lanes	Open Swim 6 Lanes						4 Lane	Open Swim 3-6 Lanes				
Aqua Aerobics							SL-2							SL-2					
Therapy Pool							Swim Lessons						Birthday Party 3:30p-5:30p						
Swim Teams																			

Events and Classes (May affect lane availability)
PADI Open Water Diver Cert: 7/13 8am-12pm, 7/14 12pm-4pm
PADI Discover Scuba Course: 7/13 8am-10am
PADI Reactivate Refresher Course: 7/14 12pm-2pm