

# Pool Use Schedule November 2024

Updated 11/15/2024

Monday																													
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Competition Pool	6 Lanes				3 Lanes		2 Lanes		6 Lanes						Open Swim - 6 Lanes						2 Lanes				0 Lanes				
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes																						Swim Lessons 2 Lanes
Therapy Pool									Flex & Stretch		Aqua Arthritis											Swim Lessons							
Swim Teams																						Ryken Swimteam 4 Lanes	SMCPS 4 Lanes	Rockfish Swimteam 4 Lanes					

Tuesday																													
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes				2 Lane		6 Lanes		Open Swim - 6 Lanes						2 Lanes				1 Lane										
Aqua Aerobics							Aqua Rock 4 Lanes																						Swim Lessons 1 Lane
Therapy Pool					Swim Lessons					Flex & Stretch		Aqua Arthritis		Aqua Express		Aqua Arthritis						Swim Lessons							
Swim Teams																						Ryken Swimteam 4 Lanes	SMCPS 4 Lanes	Rockfish Swimteam 4 Lanes					

Wednesday																													
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes				3 Lanes		2 Lanes		6 Lanes		OpenSwim - 6 Lanes						2 Lanes												
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes																						Swim Lessons 2 Lane
Therapy Pool										Anything Goes													Swim Lessons						
Swim Teams																						Ryken Swimteam 4 Lanes	SMCPS 4 Lanes	Rockfish Swimteam 2 Lanes					

Thursday																													
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes				2 Lane		6 Lanes		Open Swim - 6 Lanes						2 Lanes				1 Lane										
Aqua Aerobics							Aqua Rock 4 Lanes																						Swim Lessons 1 Lane
Therapy Pool									Flex & Stretch		Aqua Arthritis		Aqua Express		Aqua Arthritis							Swim Lessons							
Swim Teams																						Ryken Swimteam 4 Lanes	SMCPS 4 Lanes	Rockfish Swimteam 4 Lanes					

Friday																													
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30	
Lap Swim	6 Lanes				3 Lanes		2 Lane		6 Lanes		Open Swim - 6 Lanes						2 Lanes				1 Lane								
Aqua Aerobics					Dig DEEP 3 Lanes		Aqua Blast 4 Lanes																						Swim Lessons 1 Lane
Therapy Pool									Flex & Stretch		Aqua Arthritis											Swim Lessons							
Swim Teams																						Ryken Swimteam 4 Lanes	SMCPS 4 Lanes	Rockfish Swimteam 4 Lanes					

Saturday																														
	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	12:00	12:30	1:00	1:30	2:00	2:30	3:00	3:30	4:00	4:30	5:00	5:30	6:00	6:30	7:00	7:30		
Lap Swim	6 Lanes		4 Lanes				1 Lane		Open Swim 6 Lanes						4 Lanes			1 or 3		Open Swim 3-6 Lanes										
Aqua Aerobics							Aqua Blast 3 Lanes	Aqua Zumba 3 Lanes									Swim Lessons 2 Lanes													
Therapy Pool							Swim Lessons - 9:00am - 1:30																							
Swim Teams			Rockfish Swimteam Lanes		2		Rockfish Swimteam Lanes		2																		Birthday Party Rentals - 3:00p-7:30p			

Sunday														
Lap Swim														
Aqua Aerobics														
Therapy Pool														
Swim Teams														

<b>Events and Classes (May affect lane availability)</b>
PADI Open Water Diver Cert: 11/9 8am-12pm, 11/10 12pm-4pm
PADI Discover Scuba Course: 11/9 8am-10am
PADI Reactivate Refresher Course: 11/10 12pm-2pm