



ST. MARY'S COUNTY GOVERNMENT
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NEWS RELEASE *for Immediate Release*

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**St. Mary's County Recreation & Parks Announces Dates for Therapeutic
Recreation Kids Club – Parents Night Out Program**

LEONARDTOWN, MD – St. Mary's County Government's Department of Recreation & Parks (R&P) announces new 2025–2026 dates for the **Therapeutic Recreation (TR) Kids Club Parents Night Out** program.

Parents Night Out takes place one evening per month at various locations, including the Leonardtown Middle School Annex and R&P facilities. This program gives parents a break and **kids with disabilities, ages 5-13**, some extra social recreation time. Each date includes a variety of art projects, games, therapeutic activities, and pizza. Participants are welcome to bring their own food to substitute for food allergies. Participants must be able to provide self-care independently and be able to function in a large group (10+) with at least a 1:4 staffing ratio.

Each month's *Parents Night Out* features a unique theme. Upcoming dates and themes include: September 12 (Fall into Fun), October 10 (Friday Night Frights), November 14 (Thankful Thoughts), and December 12 (Reindeer Games). Dates for 2026 include: January 16 (Autism Awareness Basketball Night), February 13 (Hearty Party), March 13 (Dinosaur Dig), April 10 (Giggles & Games), May 8 (Garden Party), and June 12 (Flag Day Frenzy).

To register, visit www.stmaryscountymd.gov/recreate, then click on *Online Registration* and navigate to the *Therapeutic* section. **Registration is \$45 per child** for county residents.

Registration can also be completed at the R&P Main Office in Leonardtown. Registration closes one week prior to each program and late registrations will not be accepted. For questions regarding TR Kids Club or registration, please call R&P at (301) 475-4200 ext. 1800.

Stay up to date with R&P events and happenings on social media! Follow us at:
[www.Instagram.com/StMarysRecAndParks](https://www.instagram.com/StMarysRecAndParks) and www.Facebook.com/StMarysMDRecreation.

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