



ST. MARY'S COUNTY GOVERNMENT
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NEWS RELEASE *for Immediate Release*

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St. Mary's County Recreation & Parks Announces Two Fall Family 5K Events

LEONARDTOWN, MD – St. Mary's County Government's Department of Recreation & Parks (R&P) invites St. Mary's County families to get their feet moving and their hearts pumping this fall with two exciting new 5K events at Lexington Manor Passive Park.

Sunday, Oct. 26 at 9 a.m. – Costume Run Family 5K

Trick or treat yourself to participate in the spookiest run of the year! Come dressed in your Halloween costume to run, walk, stroll or ride this fully paved, accessible and stroller-friendly 5K route through Lexington Manor Passive Park. All ages and abilities are welcome! Registrants will receive a T-shirt and finisher medal. Registrations received by October 1 will be guaranteed their selected T-shirt size.

Sunday, Nov. 23 at 9 a.m. – Turkey Trot Family 5K

Make this Thanksgiving one to remember with a traditional Turkey Trot through Lexington Manor Passive Park! Run, walk or roll at your own pace with friends and family during the most thankful time of the year. Like the Costume Run, registrants will receive a medal and T-shirt. Please register by November 1 to guarantee you receive your desired size.

Online registration for both events is now available. Visit www.stmaryscountymd.gov/recreate then click on *Online Registration* and navigate to the *Special Events* section.

Registration for each 5K is \$40 for county residents 12 and up, \$25 for ages 5-12, and free of charge for children under 5. Proceeds from both events support the R&P youth scholarship program, providing children of St. Mary's County with the opportunity to participate in summer camp, sports, and other programs throughout the year at a discounted rate.

For questions or assistance with online registration, please contact the R&P Main Office at (301) 475-4200 ext. 1800 or via email to RPinfo@stmaryscountymd.gov.

Stay up to date with R&P events and happenings on social media. Follow R&P at: www.instagram.com/StMarysRecAndParks and www.Facebook.com/StMarysMDRecreation.

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