

## ST. MARY'S COUNTY GOVERNMENT

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COMMISSIONERS OF ST. MARY'S COUNTY

### NEWS RELEASE for Immediate Release

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# Join Us for Veterans Resource Day on Friday, November 7 DAV Support, Free Lunch & Essential Veteran Support Services Offered

**LEONARDTOWN, MD** – St. Mary's County Government's Department of Aging & Human Services (DAHS) is proud to host **Veterans Resource Day** on **Friday, November 7, 2025**, from **9 a.m. to 2 p.m.** at the University of Maryland – Southern Maryland, located at 44219 Airport Road in California.

This event is free and open to the public. Veterans, active service members, their friends and families are all welcome to attend Veterans Resource Day.

Disabled American Veterans (DAV) will be on site from 9 a.m. to 2 p.m. to answer questions and assist with claims processing! Additionally, there will be more than 20 organizations serving veterans on-site. Join us for a presentation during the event:

### **Financial Literacy & Fraud Prevention**

#### Trauma-Informed Yoga

Jacqui Grantland, Ph.D., LCPC, CEDS, NCC Inner Peace Therapeutic Services 12:30 – 1:30 p.m.

Free lunch will be provided at noon by Mission BBQ.

Want to skip the registration line? Register online at <a href="www.stmaryscountymd.gov/veterans">www.stmaryscountymd.gov/veterans</a>. Online registrants will be eligible for a special prize!

Many thanks to our generous event sponsors: SMECO, Inner Peace Therapeutic Services, AcuHerb, and Utopian Institute of Family Living!

For more information, please contact Nicoletta Pollice, Community Programs & Outreach Division Manager with DAHS at (301) 475-4200, ext. 1074 or via email to <a href="mailto:nicoletta.pollice@stmaryscountymd.gov">nicoletta.pollice@stmaryscountymd.gov</a>.

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