



ST. MARY'S COUNTY GOVERNMENT
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NEWS RELEASE *for Immediate Release*

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St. Mary's County Recreation & Parks Announces Two Fall Family 5K Events

LEONARDTOWN, MD – St. Mary's County Government's Department of Recreation & Parks (R&P) invites St. Mary's County families to get their feet moving and their hearts pumping this fall with two exciting and popular family fun runs.

Sunday, Oct. 25 at 9 a.m. – Costume Run Family 5K

Trick or treat yourself to participate in the spookiest run of the year! Come dressed in your Halloween costume to run, walk, stroll or ride this fully paved, accessible and stroller-friendly 5K route through Lexington Manor Passive Park. All ages and abilities are welcome! Registrants will receive a T-shirt and finisher prize.

Sunday, Nov. 22 at 9 a.m. – Turkey Trot Family 5K

This year the Turkey Trot moves to Baggett Park, bringing the 5K fun to the Three Notch Trail! Run, walk or roll at your own pace with friends and family during the most thankful time of the year. Like the Costume Run, registrants will receive a finisher prize and T-shirt. Please register by November 1 to guarantee you receive your desired size.

Online registration for both events is now available. Visit www.tinyurl.com/RP-Family-Events.

Registration for each 5K is \$40 for county residents 12 and up, \$15 for ages 5-12, and free of charge for children under 5. Proceeds from both events support the R&P youth scholarship program, providing children of St. Mary's County with the opportunity to participate in summer camp, sports, and other programs throughout the year at a discounted rate.

For questions or assistance with online registration, please contact the R&P Main Office at (301) 475-4200 ext. 1800 or via email to RPinfo@stmaryscountymd.gov.

Stay up to date with R&P events and happenings on social media. Follow R&P at: www.instagram.com/StMarysRecAndParks and www.Facebook.com/StMarysMDRecreation.

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